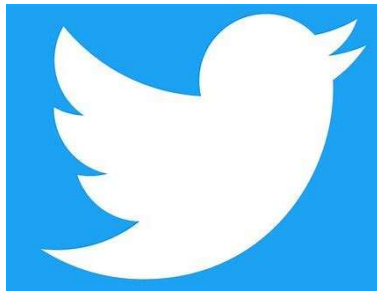


Manage Stress & Strain of Your Startup



@eddie_brill

In the beginning

- Emerson College Comedy Workshop Meets Denis Leary and Norman Lear



Comedy club & Letterman

- Entrepreneur: started club in The Village, road shows worldwide
AND



A startup life

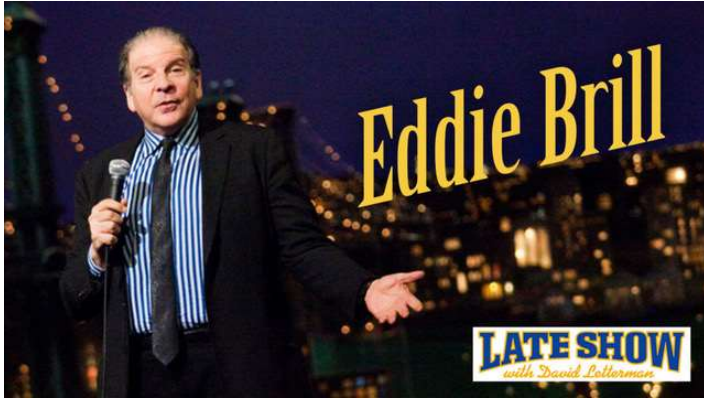
- Averaged 200-500 shows a year anywhere in the world
- Started comedy clubs and festivals
- A regular on British TV
- Charity fundraisers: St. Jude's, Juvenile Diabetes, Roberto Clemente
- Corporate functions

Then Covid hit

- Cutoff from performing, family, and friends
- Caught bad case of Covid, recovered, stopped overeating
- Tapped his creative and positive energy
 - Contacted corporations to share life story and boost employee morale.
 - Got active on Facebook, Instagram, live videos

High wire life

- Compartmentalize
- Feed the positive & starve the negative
- Think EKG life
- Let vulnerability show
- Find humor in life



@eddiecomic

eddiebrill.com

eddiecomic@aol.com